

# Protect your children from Whooping Cough!



## What is Whooping Cough?

- Serious illness for babies and young children.
- It is on the rise in Ireland.
- Needles/vaccines are the best protection.



## What does it look like?

- Starts like a cold: runny nose, mild cough, low fever.
- Gets worse: a long fit of coughing, choking, gasping for air.
- Babies might not cough but could have breathing trouble or stop breathing.



## What can you do?

- Pregnant? Get the needle/vaccine!
- Needles/vaccines are safe and free.
- Check your child's needle/vaccine record.
- Talk to your GP or GP nurse.

Contact your GP or your local Traveller Primary Health Care Project to make sure your child is up to date with their needles/vaccines!

If you're pregnant, get the whooping cough needle/vaccine!